

# Root Vegetables

Thursday 2<sup>nd</sup> April

(Sounds: "ou" and "ow")

1. Practise writing our key words:

potato potato

tuber tuber

flower flower

roots roots

crown crown

ground ground

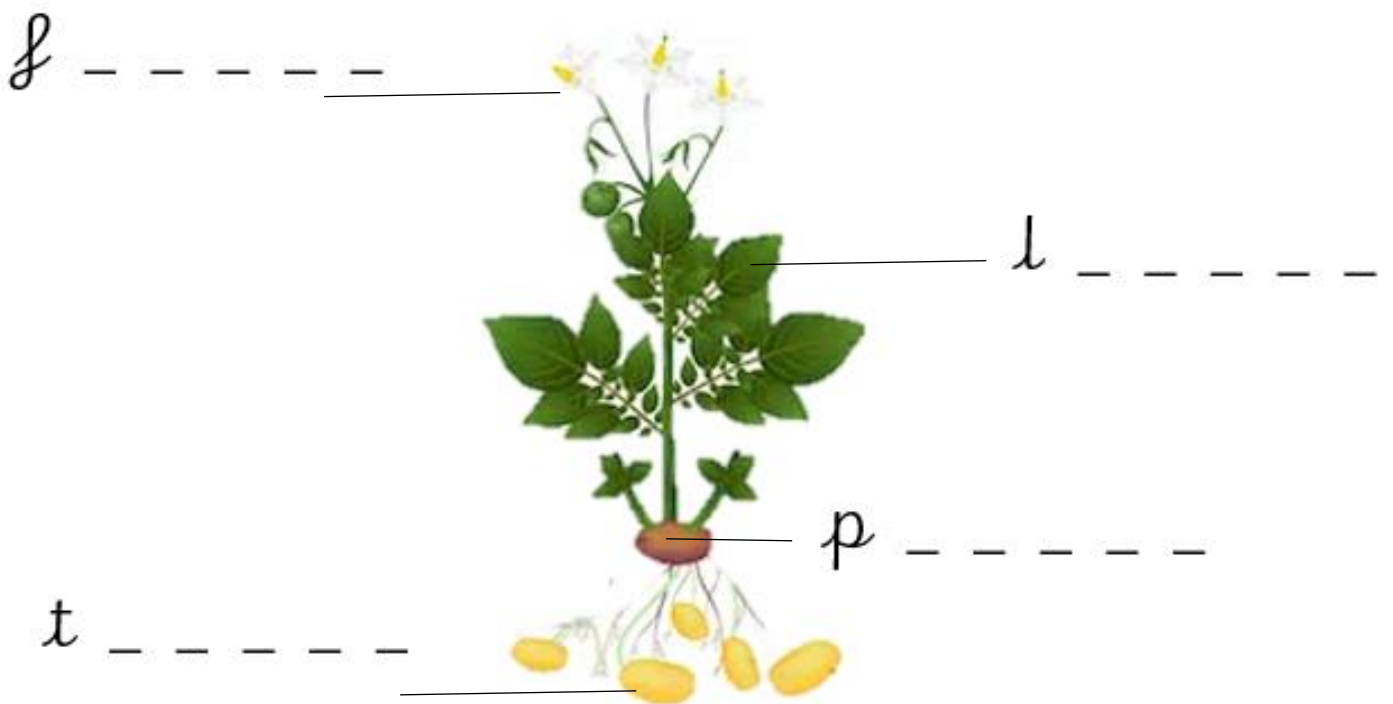
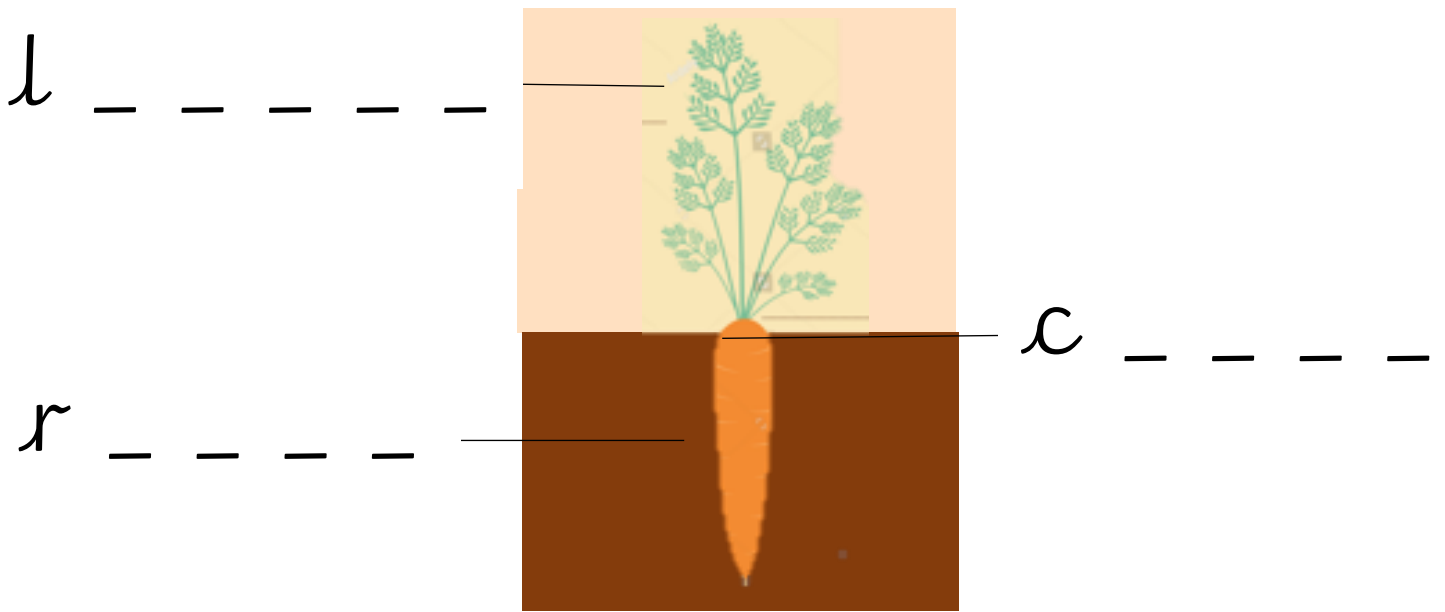
leaves leaves

2. Practise reading the passage below:

Root vegetables grow down in the ground. Potato plants grow brown tubers (new potatoes) and sprout green stems. When flowers grow out of the ground, the potatoes are ready to be dug up. New carrot plants are called roots. When carrots are ready to be dug up, they sprout leaves out of their crowns, not flowers.

3. Phonics: "ou" and "ow" - live lesson with Harriet at 12.30pm!

- (Meeting ID: 621-119-4012, password: phonics)
- You'll need paper or a whiteboard and pen(s) and the text about root vegetables.



#### 4. Quiz! Carrot or Potato?

- I sprout f \_ \_ \_ \_ \_ when I am ready. I am a \_ \_ \_ \_ \_.
- My r \_ \_ \_ \_ are orange. I am a \_ \_ \_ \_ \_.
- Leaves grow from my c \_ \_ \_ \_ . I am a \_ \_ \_ \_ \_.
- The vegetables I produce are called t \_ \_ \_ \_ . I am a \_ \_ \_ \_ \_.

5. Clever Learning: carrot cake recipe -  
Adults, this is a great way to get in some numeracy using scales and counting!

Ingredients:

#### Cake

- 250g self-raising flour
- 2 teaspoons ground cinnamon
- 400g caster sugar
- 350ml vegetable oil (or 350g melted butter)
- 4 eggs
- 350g grated carrots
- 120g raisins

## Frosting

- 225g cream cheese
- 110g margarine, softened
- 450g icing sugar

## Method:

1. Preheat the oven to 180C and grease two 23cm tins.
  2. Mix all the cake ingredients together and pour into the tins.
  3. Bake for 25-20 minutes or until a skewer comes out clean.
  4. Allow to cool on a wire rack.
  5. Mix all the frosting ingredients and ice the cake, adding any decorations you like.
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- *Clever learning: plant a sprouting potato (leave one at the back of a cupboard for a week or so!) in the ground. Leave plenty of space and plant it deep down. Watch it grow as the leaves start to appear after a week or so!*